

303 Cathedral Avenue, Brigadoon WA 6069 Phone: (08) 9296 1200 Email: <a href="mailto:ceo@equestrianwa.org.au">ceo@equestrianwa.org.au</a>

## **RESUME FORM Jumping WA committee**

To be returned to the EWA Office by no later than 11.59pm Monday 30 September 2024

Name:	Rebecca Ryan
Equestrian interest:	Show Jumping
Previous Board / Committee experience:	WHS Rep for SCGH. Staff Elected Member - Work Helath and Safety Committee Member - Current. I serve as the primary liaison between staff and the committee. My responsibilities include gathering feedback, concerns, and suggestions from staff members regarding workplace health and safety issues. I then represent their interests by communicating these insights at committee meetings. Additionally, I play a key role in ensuring that staff are kept informed of WHS decisions, changes, or updates on policies and legislations, fostering a safe and collaborative work environment.
Reason / objectives for interest in representing EWA on the Jumping WA Committee:	My interest in joining the Jumping WA Committee is driven from being a show jumping competitor and a clinical nurse. I am particularly focused on contributing to the MMRR for the sport, ensuring that safety and health protocols are properly implemented and maintained. My objective is to enhance rider safety, manage medical readiness, and bring my clinical knowledge to the committee to support the wellbeing of all participants in show jumping events.
Equestrian history:	I began my riding journey at the age of 6, I quickly developed a passion for equestrian sports. My early experiences were shaped by participating in pony clubs and One Day Events (ODEs), this provided me with a solid foundation in various equestrian disciplines. Now, my primary focus is on advancing my show jumping abilities, with the goal of reaching the Silver Series heights.
Life/Business experience:	I pursued a career in nursing, where I gained valuable knowledge and experience. I now work as a clinical nurse, specialising in psychiatry. Working within the MHU has taught me to refine my assessment skills, manage a large variety of clients as well as how to use a selection of problem- solving techniques.  My experience, along with my hard-working attitude, has facilitated the development of excellent conceptual skills; these skills give me an understanding of complex ideas and allow me to utilise my critical thinking to find solutions through deliberate thought and abstract reasoning.
General comments:	I am eager to give back to the sport by contributing her experience and knowledge. My goal is to help further advance rider development and growth within the show jumping community. Through my involvement, I hope to support the next generation of riders and contribute to the overall advancement of the sport.